

**Bodylastics - Custom Resistance Tubes Combos** To get the resistance level in pounds on the left, use the colored tube combination on the right. Some levels have more than one combo.

5	→	Yellow	65	→	Orange, Yellow
7	→	Green	66	→	Orange, Black, Red
12	→	Green, Yellow	67	→	Black, Blue, Red, Green, Yellow
13	→	Red	67	→	Orange, Blue, Red, Yellow
18	→	Red, Yellow	67	→	Orange, Green
19	→	Blue	69	→	Orange, Blue, Red, Green
20	→	Red, Green	71	→	Orange, Black, Red, Yellow
23	→	Black	72	→	Orange, Black, Blue
24	→	Blue, Yellow	72	→	Orange, Green, Yellow
25	→	Red, Green, Yellow	73	→	Orange, Black, Red, Green
26	→	Blue, Green	73	→	Orange, Red
28	→	Black, Yellow	74	→	Orange, Blue, Red, Green, Yellow
30	→	Black, Green	77	→	Orange, Black, Blue, Yellow
30	→	Orange	78	→	Orange, Black, Red, Green, Yellow
31	→	Blue, Green, Yellow	78	→	Orange, Red, Yellow
32	→	Blue, Red	79	→	Orange, Black, Blue, Green
35	→	Black, Green, Yellow	79	→	Orange, Blue
35	→	Orange, Yellow	80	→	Orange, Red, Green
36	→	Black, Red	83	→	Orange, Black
37	→	Blue, Red, Yellow	84	→	Orange, Black, Blue, Green, Yellow
37	→	Orange, Green	84	→	Orange, Blue, Yellow
39	→	Blue, Red, Green	85	→	Orange, Black, Blue, Red
41	→	Black, Red, Yellow	85	→	Orange, Red, Green, Yellow
42	→	Black, Blue	86	→	Orange, Blue, Green
42	→	Orange, Green, Yellow	88	→	Orange, Black, Yellow
43	→	Black, Red, Green	90	→	Orange, Black, Blue, Red, Yellow
43	→	Orange, Red	90	→	Orange, Black, Green
44	→	Blue, Red, Green, Yellow	91	→	Orange, Blue, Green, Yellow
47	→	Black, Blue, Yellow	92	→	Orange, Black, Blue, Red, Green
48	→	Black, Red, Green, Yellow	92	→	Orange, Blue, Red
48	→	Orange, Red, Yellow	95	→	Orange, Black, Green, Yellow
49	→	Black, Blue, Green	96	→	Orange, Black, Red
49	→	Orange, Blue	97	→	Orange, Black, Blue, Red, Green, Yellow
50	→	Orange, Red, Green	97	→	Orange, Blue, Red, Yellow
53	→	Orange, Black	99	→	Orange, Blue, Red, Green
54	→	Black, Blue, Green, Yellow	101	→	Orange, Black, Red, Yellow
54	→	Orange, Blue, Yellow	102	→	Orange, Black, Blue
55	→	Black, Blue, Red	103	→	Orange, Black, Red, Green
55	→	Orange, Red, Green, Yellow	104	→	Orange, Blue, Red, Green, Yellow
56	→	Orange, Blue, Green	107	→	Orange, Black, Blue, Yellow
58	→	Orange, Black, Yellow	108	→	Orange, Black, Red, Green, Yellow
60	→	Black, Blue, Red, Yellow	109	→	Orange, Black, Blue, Green
60	→	Orange, Black, Green	114	→	Orange, Black, Blue, Green, Yellow
60	→	Orange	115	→	Orange, Black, Blue, Red
61	→	Orange, Blue, Green, Yellow	120	→	Orange, Black, Blue, Red, Yellow
62	→	Black, Blue, Red, Green	122	→	Orange, Black, Blue, Red, Green
62	→	Orange, Blue, Red	127	→	Orange, Black, Blue, Red, Green, Yellow
65	→	Orange, Black, Green, Yellow			